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Last Weeks Speaker

Caitlyn Small, Executive Director of Project Adventure (up at Moraine Farm), was our speaker last week. Caitlyn spoke on the various challenges and program PA ran over COVID. You may just think of them as doing rope challenges and more, but there is so much more that they do. It was mentioned by a few Rotarians to Caitlyn and Aaron that perhaps we have an off site meeting there in warmer weather and do a few challenges ourselves?



I don't make the Sprocket too often (except for sport on covers) but when I do I like to have a cold refreshing Bud Light in my hand. I've tried other beers and other newsletters but I'm a meat and potatoes kind of guy, or in the case newsprint and hops and barley. I felt that since I have back cover of 100 year book I could really wow them at district with my command of a large page and the slings and arrows of sergeants over the next few weeks. By the way I had a mani/pedi to get those fingers so luscious and subtle.

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BEVERLY ROTARY CLUB SPROCKET NEWSLETTER

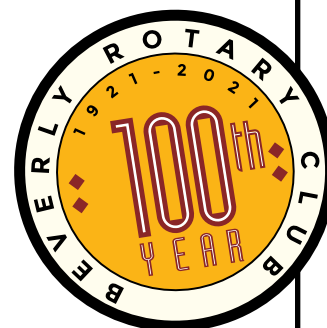
Mar 31, 2022
Issue 33

Coming Up

Mar 31
Tom Day
Polar Ice Cap melting

April 7
Is it April already?
Topic to come

April 14
Is it April already?
Topic to come



PREPARE TO PLUNGE*

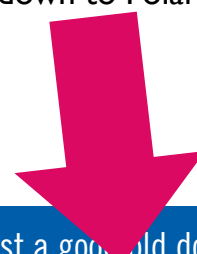
ROTARIANS PREPARE TO FREEZE GEEGEE'S OFF!




Alright I get it, cold water, Polar Bears, pretty obvious. So cute isn't it, wouldn't be so cute if my 1200lb, 9 foot height reached out and ripped your head clean off in one swipe. You humans think you're so smart, and above the rest of us mammals. Come to my neighborhood I'll show you a thing or two, make my day, punk - Mr. P. Bear on behalf of the PB Lobby

To help support go to this link and drop down to Polar Plunge

Sneezly, cousin Mort is one pissed off Bear



Pay for lunch, happy dollars, or just a good old donation. Keep the dream alive
<https://bit.ly/DONATIONS2022>



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Last meeting news, Thursday March 24, 2022

March 24, 2022

Welcome/Call to Order 12:15

Pledge: Joe Lubrinski

Song: by Dianne Palter Gil, Ukrainian National Anthem

Guests and visitors -
 Caitlin Small and Aaron Nicholson
 both guests of Jo Broderick

Sprocket: Connor Mooney

****Birthdays -** Mike Osborne

Invocation: Sarah MacBurnie Liporto

Sergeant - Matt Blanchard:
 Andrew DeFranza for being early.
 Brad Hunt for being late. Dave Olson for mailing in his SGT routine.
 Connor and Diane for meeting his baby.
 Mike Jones for the ad on the 100 book.
 Neiland Douglas trivia!

Announcements -
 Eric Immerman sign up for project hope.
 Jackie: check sprocket if you want to go to district (<https://beverlyrotary100.squarespace.com/> password: diane).
 Also, register for Polar Plunge.

Bob Butterworth - sang song for Ukraine

Potential New Members
 Kenann MacKenzie
 Lorinda Visnick

Speaker: Caitlin Small is the Executive Director and CEO of Project

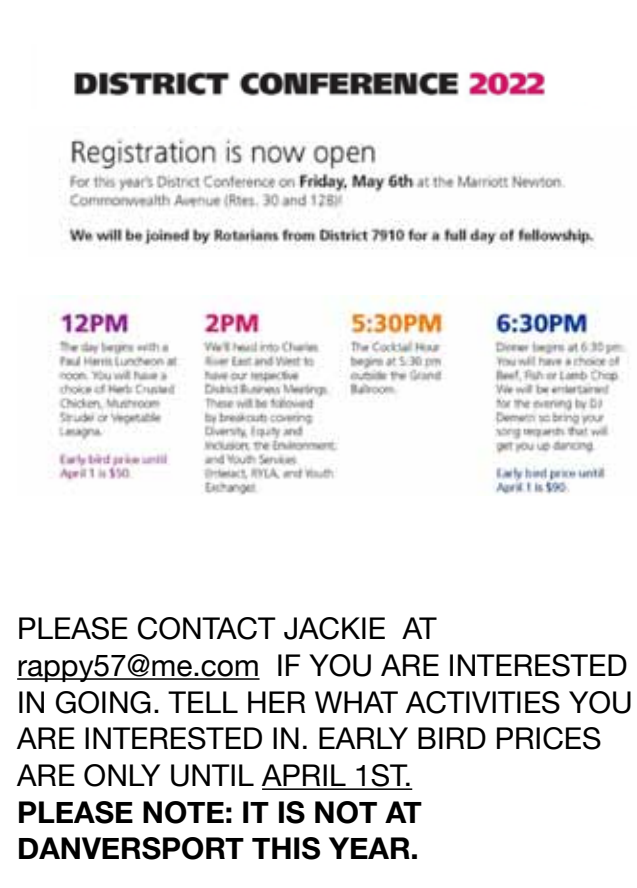
Adventure, an experiential learning organization based in Massachusetts. Caitlin attended Sarah Lawrence College, where she studied writing and theology. She received a Masters of English and a Masters of Education.

Caitlin's early career involved running after school, mentoring, and other programs for youth at risk, first in Austin, Texas, and then in the greater Boston area. Prior to Project Adventure she was a manager at The PEAR Institute of McLean Hospital and Harvard Medical School, where she led a team of consultants and coaches partnering with public schools to enhance social-emotional learning (SEL) programs through data, training, and leadership development. Caitlin is passionate about integrating mental health, SEL, education, and group development in a way that better serves young people and leads to stronger outcomes for underserved communities. She came to Project Adventure as the Director of SEL before becoming Executive Director.

Presented Jack Good orange to Speaker

Weekly Raffle:
 card drawn by Marshall Handy - no joker although Marshall is quite a joker

Meeting adjourned at 1:30
 Submitted by Connor Mooney



DISTRICT CONFERENCE 2022

Registration is now open
 For this year's District Conference on **Friday, May 6th** at the Marriott Newton, Commonwealth Avenue (Rtes. 30 and 128)

We will be joined by Rotarians from District 7910 for a full day of fellowship.

12PM The day begins with a Paul Harris Luncheon at noon. You will have a choice of Herb Crusted Chicken, Mushroom Strudel or vegetable Lasagna. <i>Early bird price until April 1 is \$50.</i>	2PM We'll head into Charles River East and West to have our respective District Business Meetings. These will be followed by breakfasts covering Diversity, Equity and Inclusion, the Environment, and Youth Services (Orchestra, RYA, and Youth Exchange).	5:30PM The Cocktail Hour begins at 5:30 pm outside the Grand Ballroom.	6:30PM Dinner begins at 6:30 pm. You will have a choice of Beef, Fish or Lamb Chop. We will be entertained for the evening by DJ Demetri so bring your song requests that will get you up dancing. <i>Early bird price until April 1 is \$90.</i>
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PLEASE CONTACT JACKIE AT rappy57@me.com IF YOU ARE INTERESTED IN GOING. TELL HER WHAT ACTIVITIES YOU ARE INTERESTED IN. EARLY BIRD PRICES ARE ONLY UNTIL APRIL 1ST. **PLEASE NOTE: IT IS NOT AT DANVERSPORT THIS YEAR.**

The Swierczynski Swizzle Schtick

Okay devoted readers we will address the Elephant in the Sprocket this week, which is the history of the SLAP or at least we'll *slap something together* for your reading enjoyment and drinking knowledge.

The Webster definition of this word is:
slap /slap/ verb
1. hit or strike with the palm of the hand or a flat object:

We'll this week we have plenty of attention paid to the 4 letter word that doesn't start with "F". Such a small word that paired with other words can have much different meaning depending on context.

For example how about this pair? **Slap Happy**, could mean a long night of work or kids hopped on sugar, or even a drive cross country without a break. or what about a **Slap on the Back** is an expression or act used to congratulate someone on a job well done or accomplished. Recently bestowed on Moiph for work on the 100 year book. In the courts of law across the land a **Slap on the Wrist** is understood to be one with a very mild, inconsequential punishment or warning. Which brings us to Will Smith's slap on Chris Rock's face at the Oscar's and this weeks drink "A Slap on the Rocks". We don't condone the act nor the joke but we do like to drink so we'll start with that.

Get a bottle of Suntory Whiskey (In honor of Drive My Car BP nominee) strain over ice into a tumbler to chill. Reserve ice for cheek. And to quote last weeks sign off Cheers to March Madness!

Kool-Aid, all for free! How much can you take?

Need more Kool-aid? Need to see how the big dogs at the District get their swerve on make us all proud in the peon gallery. If you want to see how the district ticks you don't want to miss!
 Contact Jackie Rap if interested and start the first step towards Rotary enlightenment, or just a place to get a drink and schmozz with your Rotary peers.



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